



# Orientation

For International Students in Continuing Studies

Kate Cho  
International Student Coordinator

January 2025

snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



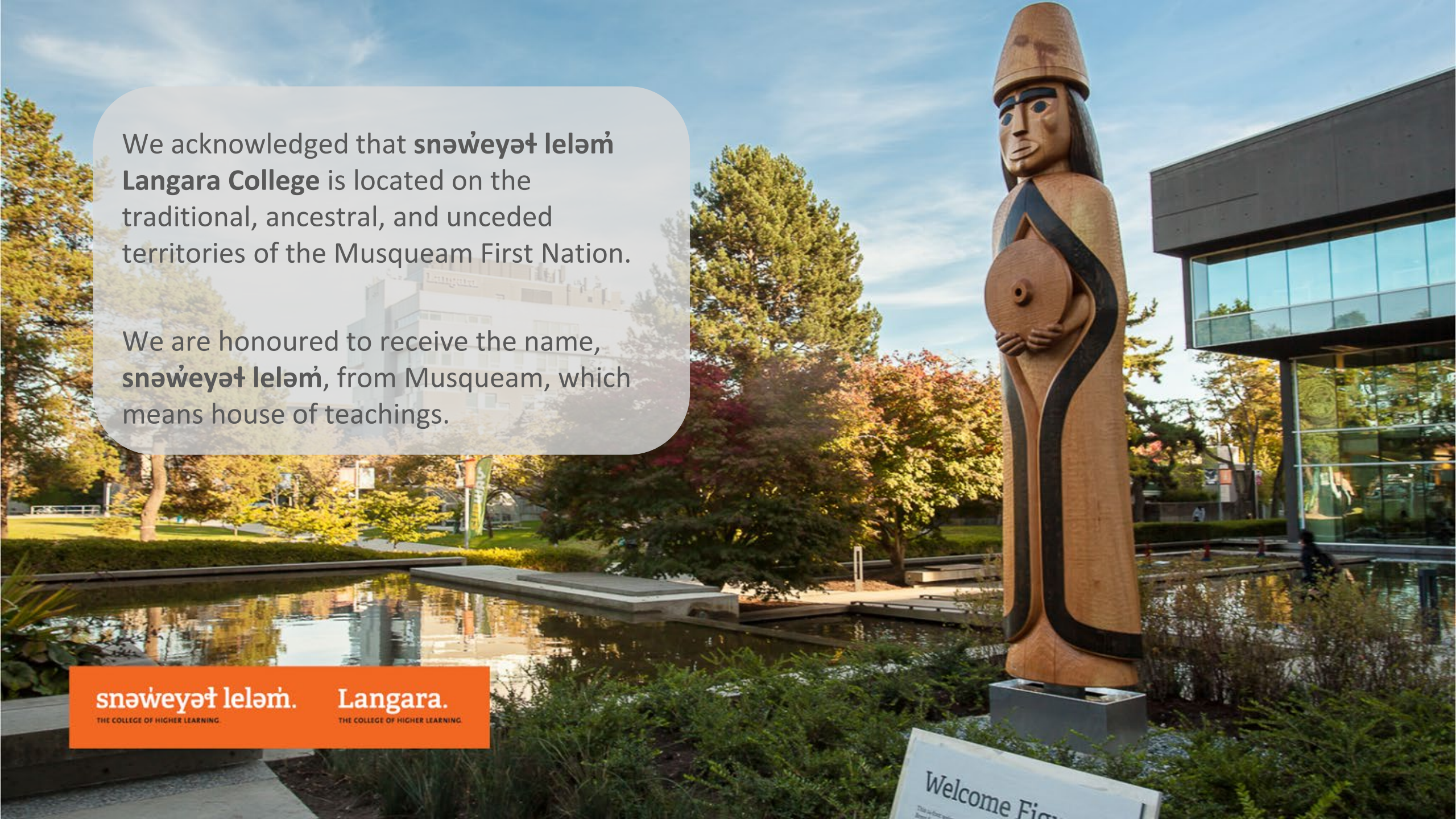
We acknowledged that **snəwəyət leləm** **Langara College** is located on the traditional, ancestral, and unceded territories of the Musqueam First Nation.

We are honoured to receive the name, **snəwəyət leləm**, from Musqueam, which means house of teachings.

**snəwəyət leləm.**  
THE COLLEGE OF HIGHER LEARNING.

**Langara.**  
THE COLLEGE OF HIGHER LEARNING.

Welcome Figure





# A Warm Welcome from Connie

**Connie Chong**

**Dean of Continuing Studies**



snəwəyət̚ leləm̚.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# A Warm Welcome from Brad

**Brad Van Dam**

**Director, Langara Global**



snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Hello!

**I'm Kate Cho (she/her)**

International Student Coordinator, Continuing Studies



snəwəyət̚ leləm̚.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Agenda

- **Welcome to Langara**
- **Tell me about Vancouver & Canada**
- **Where can I get support?**
- **International students**
- **Fraud and Scams**
- **Break**
- **Get involved & have fun!**
- **Question and Answer**
- **Prize draw**

Welcome to Langara!

snəwəyət' leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

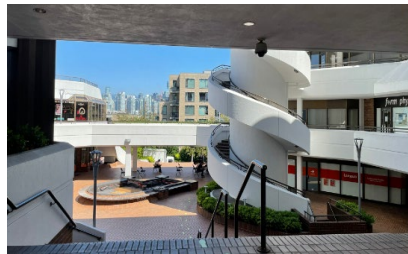
THE COLLEGE OF HIGHER LEARNING.

# Langara Campuses

- Main campus



- 601 West Broadway



snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



**Tell me about Vancouver & Canada**

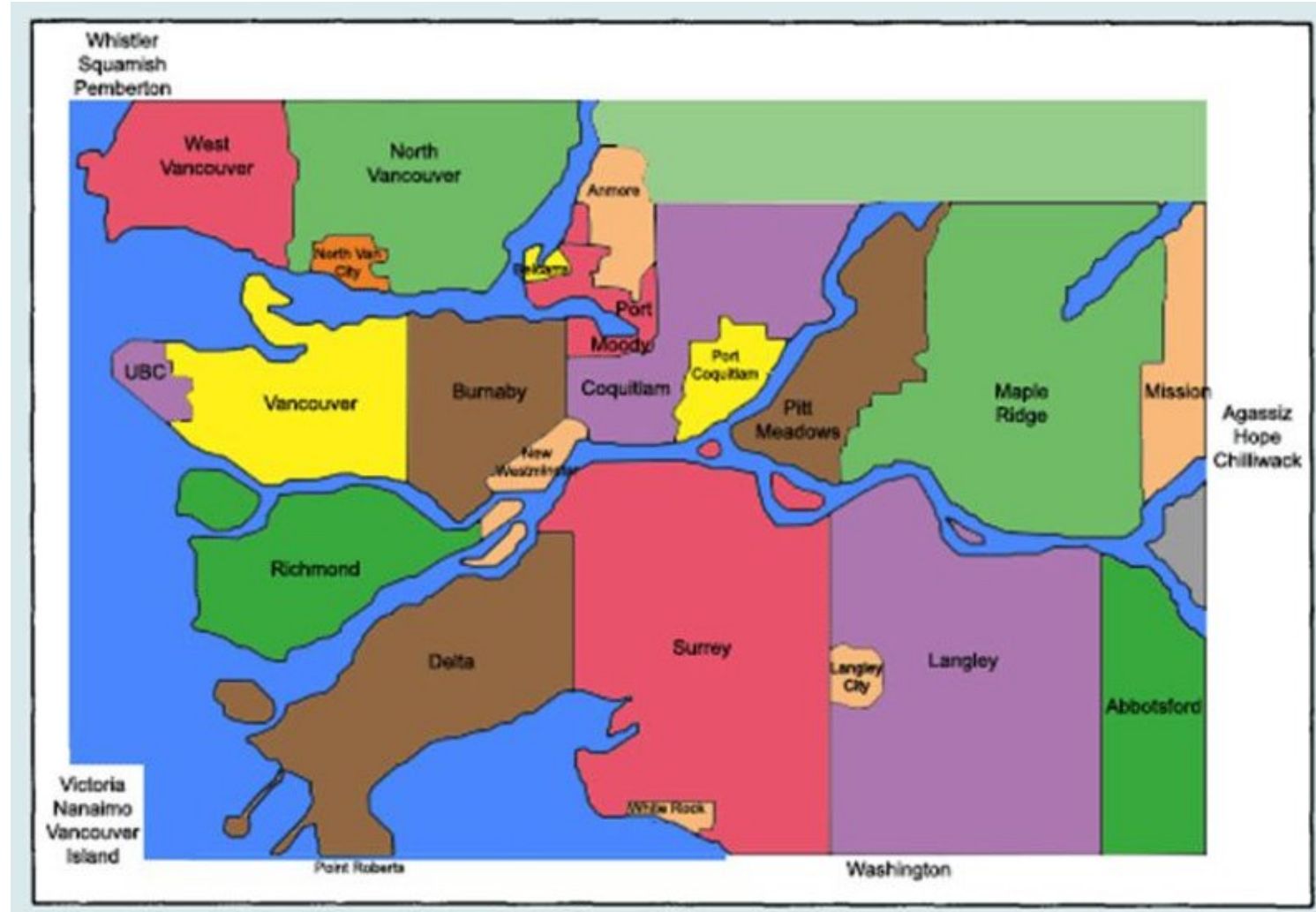
**snəwəyət' leləm.**

THE COLLEGE OF HIGHER LEARNING.

**Langara.**

THE COLLEGE OF HIGHER LEARNING.

# Map of Metro Vancouver



snəwəyət̚ leləm̚.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# First Nations People and Territories

Metro Vancouver is located on the traditional, ancestral and unceded territories of the Coast Salish People:

**Musqueam, Squamish, and  
Tsleil-waututh First Nations**



snəwəyət̓ leləm̓.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



*snəw'eyəʔ leləm'*  
House of Teachings  
(sno-way-eth-LELL-lum)





# Why is this important for us to know and learn?

- We are all connected to the earth and to the land
- We should be thankful for the land that supports us and gives us life
- We should be thankful towards Indigenous peoples who have taken care of these lands
- It is our responsibility, as settlers in Canada, to learn about the relationship between Canada and Indigenous communities
- It helps develop positive relationships between newcomers and Indigenous peoples

*Adapted from Dr. Ray Aldred*

[native-land.ca](http://native-land.ca)  
[musqueam.bc.ca](http://musqueam.bc.ca)

**Langara.**  
THE COLLEGE OF HIGHER LEARNING.





# Metro Vancouver

Vancouver is the WARMEST city in Canada with only 11 days of snow per year!!!



snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.





snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



SOMETIMES  
IT LOOKS  
LIKE THIS...



snəwəyət̚ leləm̚.  
THE COLLEGE OF HIGHER LEARNING.

Langara.  
THE COLLEGE OF HIGHER LEARNING.





AND  
USUALLY,  
IT LOOKS  
LIKE THIS!

snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



# Diversity & Inclusion



snəwəyət̚ leləm̚.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

Mandarin

Cantonese

Punjabi

Tagalog

Korean

Spanish

Persian (Farsi)

Hindi

Vietnamese

Russian

# Top 10 Spoken Languages in Vancouver

*Statistics Canada 2021*

snəwəyət̓ leləm̓.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Where can I get support?

snəwəyət' leləm.

THE COLLEGE OF HIGHER LEARNING.

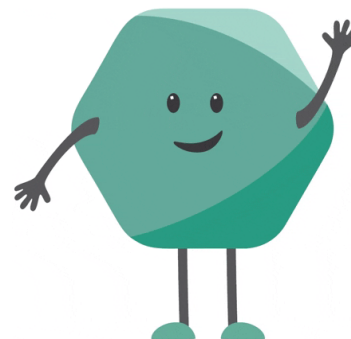
Langara.

THE COLLEGE OF HIGHER LEARNING.



# I can help you with...

- Immigration – study permits, visas, work eligibility, Post-Graduation Work Permit
- Medical insurance, social insurance number, and cultural adjustment
- Langara support service & student engagement referrals
- And more!



# Got other questions?

**Fee payment, account information updates, transcript, student forms and letters (letter of enrolment)?**

- You can visit or email CSRO at [csgeneral@langara.ca](mailto:csgeneral@langara.ca)

**Program or course-related questions?**

- You can contact your Program Coordinator

# Continuing Studies Registration Office (CSRO)



**Location: A161**

- Course registration & fee payment
- Account information updates
- Transcripts, student forms, letters (e.g COE letter)

[langara.ca/continuing-studies/registration/index.html](http://langara.ca/continuing-studies/registration/index.html)

## CSRO Front Desk Hours

Mon - Thurs: 9:00 am–4:30 pm

Friday: 9:00 am–4:00 pm

Sat – Sun: Closed

Closed weekends/statutory holidays

snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



# IT Services

- **Student accounts and logins to email, Student Information System, etc.**  
<https://langara.ca/information-technology/accounts-passwords/student-accounts.html>
- **Get help with Learning Tools (e.g. Brightspace)**  
<https://iweb.langara.ca/lts>
- [Langara IT Chat Support](#)



# Counselling

**Location: B111**

Counselling: <https://langara.ca/student-services/counselling/index.html>

- Workshops & information sessions
- Personal counselling
- Career planning

**How to book?**

604.323.5221

[counselling@langara.ca](mailto:counselling@langara.ca)

## Here2Talk

- Free counselling services for all students registered at post-secondary institutions in B.C.
- Available to B.C. students outside of Canada as well!

<https://here2talk.ca>

# Co-op & Career Development Centre

**Location: C121**

CCDC: <https://langara.ca/coop-and-career-development>

- Career workshops
- Resume review services
- Interview practice
- Etc.

C3 Job Board: <https://langara-csm.symplicity.com>



# International Students – YOU!

snəwəyət' leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



# Study Permit Compliance

## As a study permit holder, you must:

- Be enrolled at a designated learning institution (DLI)
- Show you're actively pursuing your studies by:
  - Being enrolled full-time or part-time during each academic semester (excluding regularly scheduled breaks)
  - Making progress towards completing your program's courses, and
  - Not taking authorized leaves longer than 150 days from your study program
- Apply for a new study permit to change post-secondary schools
- End your studies if you no longer meet the requirements of being a student, and
- Leave Canada when your study permit expires

# Study Permit Compliance

## As a study permit holder, you must:

- Ensure that your study permit is valid for the entire length of your program
- You may apply to extend your study permit
  - Extending your study permit at least 3-4 months before it expires
- If your passport will expire while you are in Canada, apply to extend it or get a new one at least 6 months before it expires

## Study permit

Canada  
DD185 547 250

Application/Demande:  
UCI/UC:

STUDY PERMIT/PERMIS D'ÉTUDES

CLIENT INFORMATION/INFORMATION DU CLIENT

Family Name/Nom de famille:  
Given Name(s)/Prénom(s):  
Date of Birth/Date de naissance:  
Sex/Sexe:  
Country of Birth/Pays de naissance:  
Country of Citizenship/Citoyen de:  
Travel Doc No./N° du document de voyage:

ADDITIONAL INFORMATION/INFORMATION SUPPLÉMENTAIRE

Date Issued/Délivré le:  
Expiry Date/Date d'expiration:  
Case Type/Type de cas:  
Institution Name/Nom de l'institution:  
Field of Study/Dominé d'études:  
In Force From/En vigueur le:

Conditions:

1. MAY ACCEPT EMPLOYMENT ON THE CAMPUS OF THE INSTITUTION AT WHICH REGISTERED IN FULL-TIME STUDIES.  
2. NOT AUTHORIZED TO WORK IN CHILD CARE, SECONDARY SCHOOL TEACHINGS, HEALTH SERVICE FIELD OCCUPATIONS.  
3. MUST LEAVE CANADA BY 2015/08/31.  
4. NOT VALID FOR EMPLOYMENT IN BUSINESS RELATED TO THE SEX TRADE SUCH AS STRIP CLUBS, MASSAGE PARLOURS OR ESCORT SERVICES.

Remarks/Observations:  
CAUTION: VALID UNTIL 2015/08/31 MUST ACTIVELY PURSUE STUDIES AT A DESIGNATED LEARNING INSTITUTION MAY NOT BE OFF-CAMPUS OR FULL-TIME DURING REGULAR BREAKS IF MEETING CRITERIA OUTLINED IN SECTION 186(V) OF IRPR/ARJSC.

\*\*\*THIS DOES NOT AUTHORIZE RE-ENTRY/CECI N'AUTORISE PAS LA RÉ-ENTRÉE\*\*\*

## student visa



OR

Government of Canada  
Status: eTA approved  
Name: \_\_\_\_\_  
Passport number: \_\_\_\_\_  
eTA number: \_\_\_\_\_  
Expiration: 2023/03/02

Your application for an Electronic Travel Authorization (eTA) has been approved. You are now authorized to travel to Canada by air.

When you travel to Canada, you will need to bring the passport you used to apply for your eTA, as the eTA is electronically linked to it. Should you obtain a new passport, you will need to apply for a new eTA. Airline check-in staff and the Canada Border Services Agency will have electronic access to your eTA status using your passport.

In the future, you can verify the status and expiration of your eTA by using the [eTA Check Status Tool](#). To do this, you will need the eTA number noted above and details from the passport you used to apply for your eTA.

For information on what to see and do in Canada, visit [www.Canada.travel](#). See you in Canada!

Do you plan on visiting the United States? You may require authorization through the Electronic System for Travel Authorization (ESTA). Find out more on the [ESTA website](#).

snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Working in Canada

International students may work off-campus without a work permit. If they:

- Have a valid study permit with a condition that allows students to take up employment
- Are a full-time student at a Designated Learning institution (DLI)
- Have started studying
- Are in a program that leads to a degree, diploma or certificate and is at least six months long; and
- Have a Social Insurance Number (SIN)

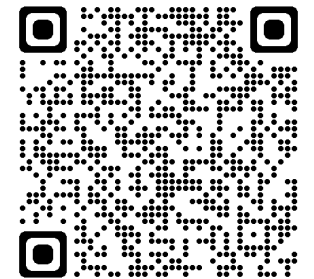
**Full-time status for Continuing Studies students is a minimum of 12 hours of instruction per week for 12 weeks**

**Remember: Studying is your top priority!**

**How many hours can you work?**

- No more than 24 hours per week while studying full-time
- Part-time students cannot work off-campus
- Students in scheduled break or who meet IRCC's temporary measure can work full-time

**IRCC:  
Working as an  
international  
student**



**snəwəyət leləm.**

THE COLLEGE OF HIGHER LEARNING.

**Langara.**

THE COLLEGE OF HIGHER LEARNING.

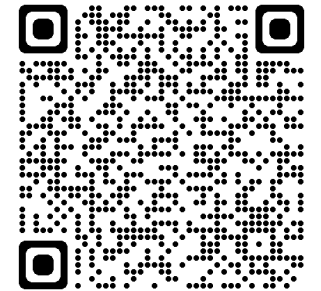


# Post-Graduation Work Permit (PGWP)

## WORK IN CANADA AFTER YOU GRADUATE

- **To be eligible, you must meet all eligibility requirements:**
  - General eligibility
  - Eligibility requirements based on study program
    - Graduates from a college program or other non-university program
    - Language requirement: CLB 5 for English or NCLC 5 for French
  - Eligibility requirements based on physical location
    - Inside or outside of Canada
  - Field of study requirements (if applicable)
    - Avoid changing your programs

**IRCC:  
PGWP**



**snəwəyət̚ leləm̚.**

THE COLLEGE OF HIGHER LEARNING.

**Langara.**

THE COLLEGE OF HIGHER LEARNING.

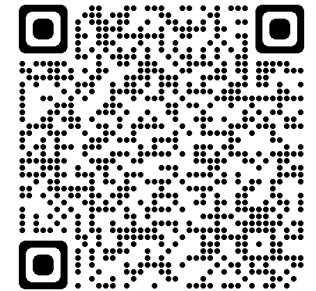
# Post-Graduation Work Permit (PGWP)

## WORK IN CANADA AFTER YOU GRADUATE

- **General Eligibility:**

- Completion of an eligible program that is at least 8 months in duration leading to a degree, diploma or certificate at DLI
- You maintained **full-time** status as a student in Canada during each semester of your study program
- Received a transcript and an official letter from Langara confirming that you have met the requirements to complete their program of study

**IRCC:  
PGWP**



snəwəyət̚ leləm̚.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Social Insurance Number

- It is a 9-digit number that you need to work in Canada or to have access to government programs and benefits
- Apply online ([www.canada.ca/en/employment-social-development/services/sin/apply.html](http://www.canada.ca/en/employment-social-development/services/sin/apply.html)) or visit a Services Canada office





# Health Care in BC: Public & Private Insurance

- BC Medical Service Plan (MSP) - \$75/month
- To apply, you need:
  - Copy of your study permit
  - BC residential address
- Waiting period for MSP: 3 months
- Apply for MSP online: <https://my.gov.bc.ca/ahdc/msp-eligibility>

## PUBLIC



## BC Medical Services Plan (MSP)

# Health Care in BC: Public & Private Insurance

- Enroll into a temporary medical insurance plan (e.g. guard.me) to cover the waiting period for MSP
- The cost of the guard.me Canada health insurance plan - \$1.45/day
- Purchase enough to protect yourself during the MSP waiting period - from your first day of arrival plus the next two months
- Example: Arrive to Canada on December 12+ Jan + Feb = MSP waiting period
- Guard.Me mobile app

## PRIVATE



**GuardMe Canada**



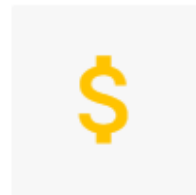
- Home
- New Regular Studies Students
- Early Arrivals
- Opt Out
- Continuing Studies and LEAP Students
- Returning Regular Studies Students
- Dependents +
- Policy Documents
- Submit a Claim
- Find a Canadian Clinic
- mobileDOCTOR

## CONTINUING STUDIES AND LEAP STUDENTS

This is intended for students in a [Continuing Studies program](#) or [LEAP](#) only.

Upon arrival, you will need to apply for [Medical Services Plan \(MSP\)](#) as it is mandatory in the province of British Columbia (BC) for international students to have medical insurance. Since BC MSP does not begin until 3 months after your arrival, you will need to purchase private insurance for those first 3 months. Once your travel arrangements are made, buy the insurance to begin on your first day in BC, for 3 months. To begin, click on the “Apply for Insurance” icon below.

If you are in a Regular Studies program, please refer to the Returning Regular Studies Students or Early Arrivals pages to purchase your insurance or for more information. Do not purchase insurance from this page.



APPLY FOR INSURANCE



POLICY DOCUMENTS  
FOR  
GUARD.ME CANADA  
DRUG CARD



FIND A CANADIAN  
CLINIC



MOBILEDOCTOR



# Banking and Money Management

- There are many bank institutions in Canada
- Many of them have special offers and accounts for International Students
- Budgeting is important as there are a number of fixed costs – tuition, accommodation, commute (car or public transit), food, cell phone, medical insurance, necessities, etc.



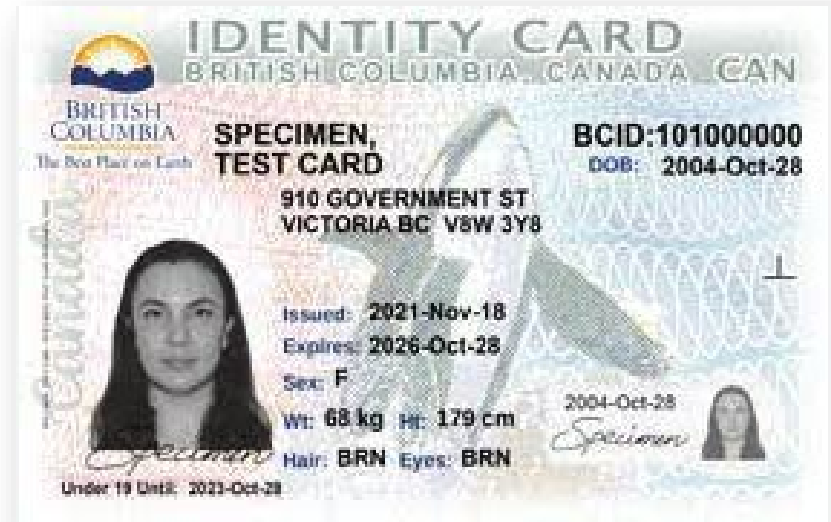
# Translink - Compass Card

- Public transit system in Metro Vancouver
- Need **Compass Card** to take the bus or subway (SkyTrain)
- More information at [translink.ca](https://translink.ca)



# BC Identity Card (BCID)

- Official government photo identification card
- More information at ICBC.com
- Fee: \$35





# Langara Student Card

To apply for your student card:

- Take a photo of yourself that meets the photo ID guidelines
- Wait **until** your first day of class
- Complete the 'Request Student ID Card' form

After you have submitted the application, it may take up to 2 weeks to receive the QR code. Once you receive the QR code in your Langara email account, take it to the Self-Service Station at the entrance of the Library on main campus to print out your student card.

Watch this video to learn how to apply:

[https://mediaspace.langara.ca/media/t/0\\_nusct21i/72573](https://mediaspace.langara.ca/media/t/0_nusct21i/72573)



# Fraud and Scams – Be Aware!

snəwəyət' leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Fraud & Scam Awareness



## Phishing

- Can be emails and websites
- Are designed to steal your personal and financial details



## Scams

- Can be a phone call, text message, and email
- Offer you something really good – too good



## Identity Theft

- Someone with your personal information can use the information to steal from you



## Cyberstalking

- Cyberstalkers use social media, websites, and search engines to scare you and ask for money

**NEVER SHARE PERSONAL INFORMATION WITH ANYONE YOU DON'T KNOW.**

**If it's too good to be true or if it sounds too scary,  
stay calm and ask someone you trust.**

**[langara.ca/cyberfraud](https://langara.ca/cyberfraud)**



[www.antifraudcentre-centreantifraude.ca/index-eng.htm](http://www.antifraudcentre-centreantifraude.ca/index-eng.htm)

Government of Canada / Gouvernement du Canada | Canada.ca | Services | Departments | Français

## Canadian Anti-Fraud Centre

Search

[Browse scams](#) | [Protect yourself](#) | [Report fraud](#) | [What to do if you're a victim](#)

The Canadian Anti-Fraud Centre collects information on fraud and identity theft. We provide information on past and current scams affecting Canadians. If you think you're a victim of fraud, [report it!](#)

### Recent scams and fraud



[Build your toolbox to protect yourself from fraudsters!](#)

Item 2 of 4 | Pause

#### The impact of fraud so far this year

As of March 31, 2023

Reports of fraud:  
**18,645**  
(92,078 in 2022)

Victims of fraud:  
**12,094**  
(57,578 in 2022)

Lost to fraud:  
**\$133.7 M**  
(\$531 M in 2022)

#### Funds recovered with CAFC assistance

In 2022

**\$2,883,792**  
(\$3.35 M in 2021)

snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Langara Safe App

- Integrated with Langara College's safety and security systems
- Features include:
  - Get help now
  - Emergency contacts
  - Safewalk
  - Emergency plans
  - Campus resources
- Search "Langara Safe"
  - Apple App Store
  - Google Play Store



# Break



**10 min**

**snəwəyət leləm.**

THE COLLEGE OF HIGHER LEARNING.

**Langara.**

THE COLLEGE OF HIGHER LEARNING.



**Get Involved and Have Fun!**

**snəwəyət' leləm.**

THE COLLEGE OF HIGHER LEARNING.

**Langara.**

THE COLLEGE OF HIGHER LEARNING.

# Student Engagement & Experience

Many opportunities to join, have fun, and learn something new!

- Cultural celebrations
- Off/On-campus events planned by student volunteers
- Workshops
- Student clubs
- Volunteer at events



snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



# Benefits of Volunteering

- Volunteering = freely helping or doing work without pay
- Why?
  - ✓ Feels great helping others
  - ✓ Make friends
  - ✓ Develop new skills
  - ✓ Leadership experience
  - ✓ Experience boost in mental health
  - ✓ Canadian work experience



# Different Ways to Volunteer

- Langara Global Volunteer Program (LGVP):  
<https://sites.langara.ca/global/students/community/>
- VOLT: <https://langara.ca/the-hub/volt/index.html>
- i-Guide Mentorship - Peer Mentor:  
<https://sites.langara.ca/global/students/community/#i-guide-mentorship-2>
- Student Clubs: <https://langara.ca/the-hub/student-clubs/index.html>
- Off campus opportunities in the community



snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



# Connect with us!



[@langaraglobal](https://www.instagram.com/langaraglobal)



[international@langara.ca](mailto:international@langara.ca)



[langara.ca/global](https://langara.ca/global)

snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.



# Langara Global

- Building A - Room 107
- Monday - Friday, 8:30am – 5:00pm

snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# International Student Service Team

<b>Langara Global Assistants &amp; Langara Global Student Ambassador</b>	<b>Student Experience Team</b>
<ul style="list-style-type: none"><li>• General questions</li></ul>	<ul style="list-style-type: none"><li>• Campus events</li><li>• Langara Global Volunteer Program (LGVP)</li><li>• Cultural celebrations</li></ul>
<b>International Student Coordinator</b>	<b>Counselling</b>
<ul style="list-style-type: none"><li>• Immigration (e.g. study permit, working eligibility, PGWP, vis, eTA)</li><li>• Health Insurance information</li></ul>	<ul style="list-style-type: none"><li>• Personal counselling</li><li>• Educational counselling</li><li>• Career counselling</li></ul>



snəwəyət leləm.

Langara.

Search



Programs & Courses

Admissions

Registration & Records

Student Services

Campus & Facilities

News & Events

About Langara

Continuing Studies

Bookstore

International Students

Library

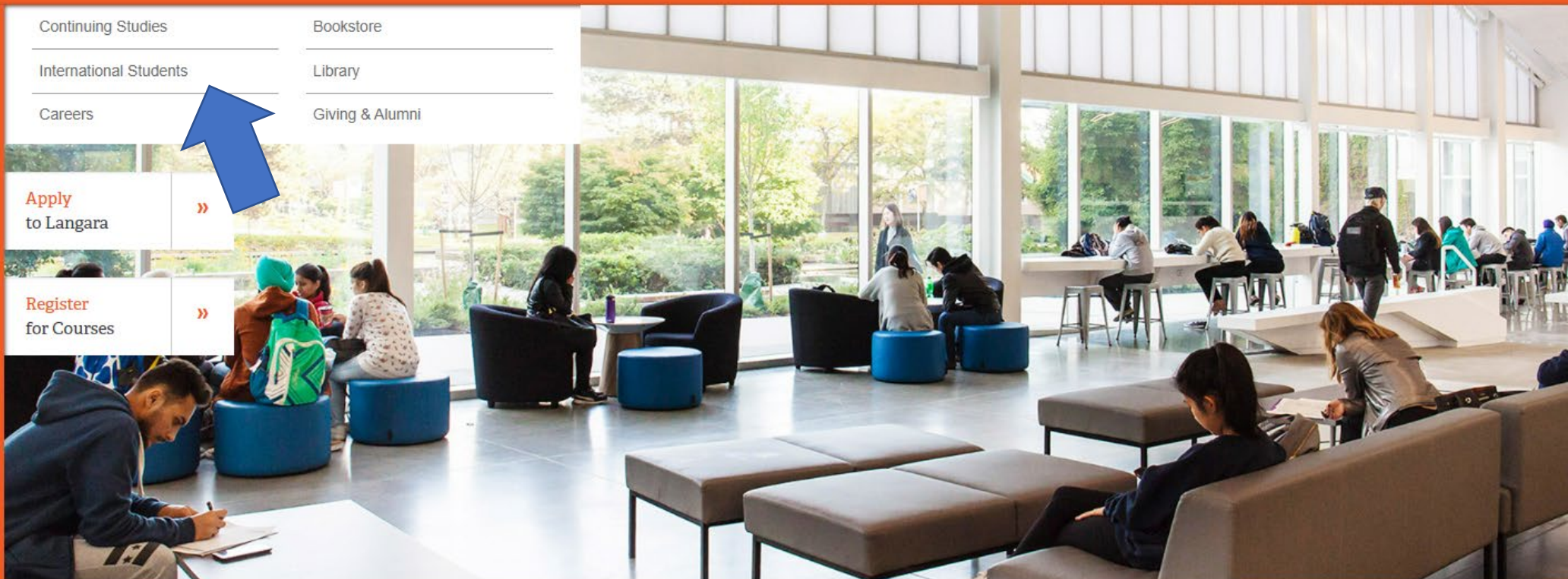
Careers

Giving & Alumni

Apply  
to Langara



Register  
for Courses



snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.





Admissions



Students



Global



Resources



Events



# Langara Global

International Students





# Upcoming Events

## In-person events



### Campus Tour

January 3  
Registration required\*



### Department Fair

January 8  
11:30 AM-2:00 PM



### Clubs Day

January 9  
10:30 AM-2:30 PM



### Spring Student Social

January 15  
12:00 PM-2:00 PM

snəwəyət̚ leləm̚.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Support and Encouragement

## Remember that:

- You can refer to the International Student Guidebook:  
<https://sites.langara.ca/global/resources/orientation-resources/continuing-studies-orientation/>
- You can take initiative and ask questions
- Langara is here to support you
- You're new to Vancouver and Langara – be kind to yourself 😊



# Question and Answer

snəwəyət' leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.





# Prize draw for a \$75 gift card

snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.

# Any questions



**If you have an immigration question, you can contact myself – Kate Cho**

**Virtual drop-in session:** Wednesdays 2pm-3pm PDT - [Zoom link](#)

**Email:** [kcho@langara.ca](mailto:kcho@langara.ca)

**If you have a program-related question, you can contact your Program Coordinator**

**Follow Langara Global on social media!**



Instagram: @langaraglobal



snəwəyət leləm.

THE COLLEGE OF HIGHER LEARNING.

Langara.

THE COLLEGE OF HIGHER LEARNING.